

Child, Adolescent and Family Branch's Programs Voice for Adoption Presentation

Division of Children and School Mental Health
Center for Mental Health Services
Substance Abuse and Mental Health Services Administration
(SAMHSA)

Virtual Presentation
February 2024

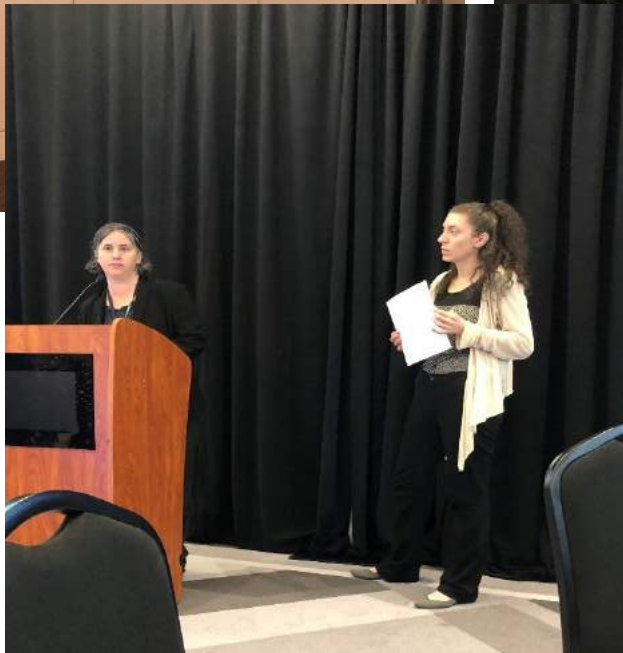


SAMHSA
Substance Abuse and Mental Health
Services Administration

Agenda

1. Welcome from Dr. Emily Lichvar
2. Systems of Care Grant Program
3. Healthy Transitions Grant Program
4. Statewide Family Network Grant Program
5. National Family Support Technical Assistance Center
6. National Training and Technical Assistance Center for Children, Youth and Families

About SAMHSA

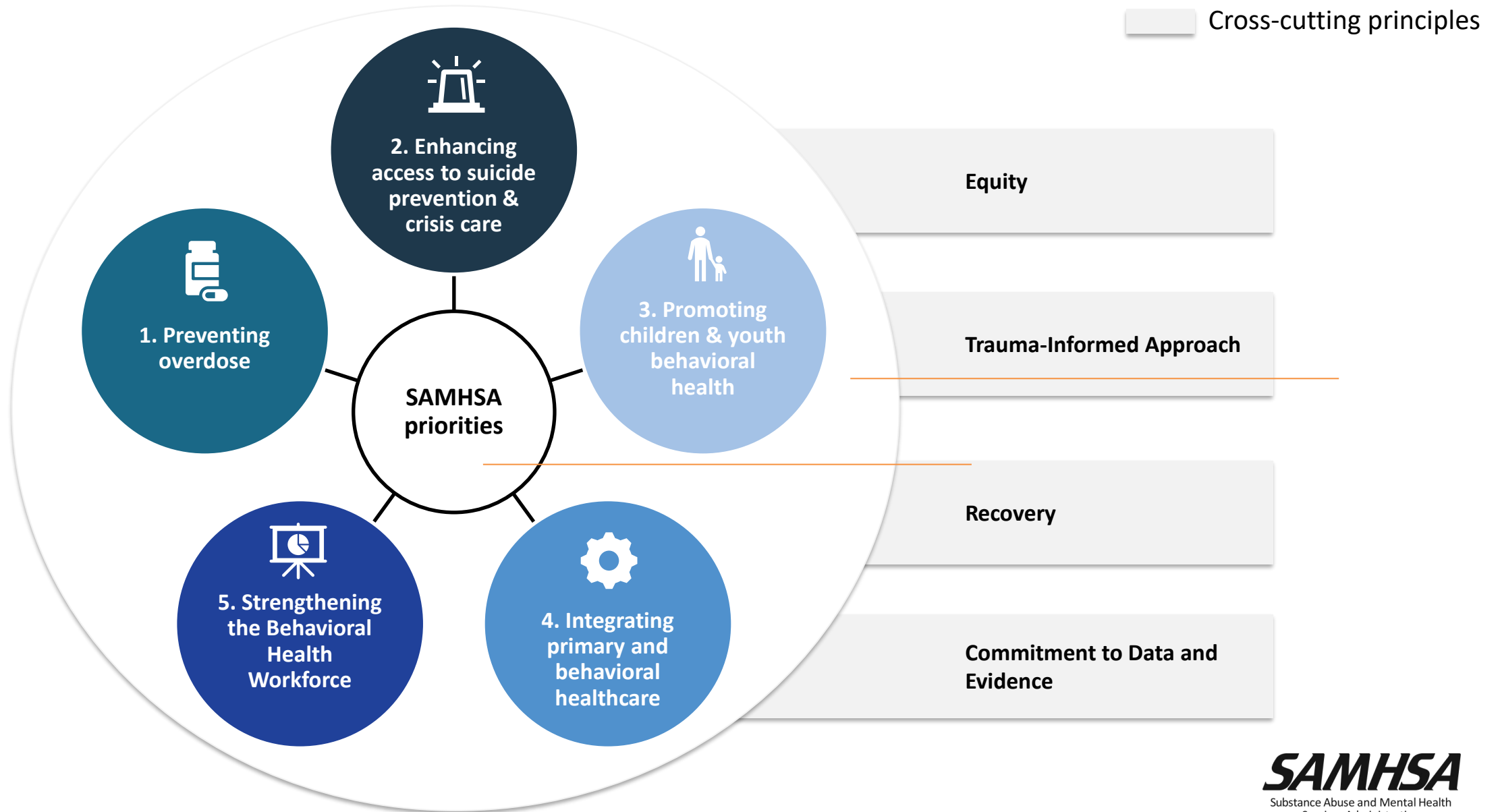


- Department of Health and Human Services
- Established in 1992
- SAMHSA's mission is to **lead public health and service delivery efforts** that promote mental health, prevent substance misuse, and provide **treatments** and supports to foster recovery while ensuring equitable access and better outcomes.

How we do our work...

- Grants
- Technical Assistance
- Documents/products/publications
- Convenings
- Partnerships with government agencies
- Engagement with stakeholder organizations (e.g., NAMI, MHA)
- Consultation to congress (by request only)
- Speaking opportunities

SAMHSA Priorities and Cross-Cutting Principles



A young woman with dark, curly hair and a nose ring is looking out a window. The background shows a blurred view of trees and a blue sky with clouds. The lighting is bright, suggesting daytime.

If you or someone you know is struggling or in crisis, help is available.

988

**SUICIDE
& CRISIS
LIFELINE**

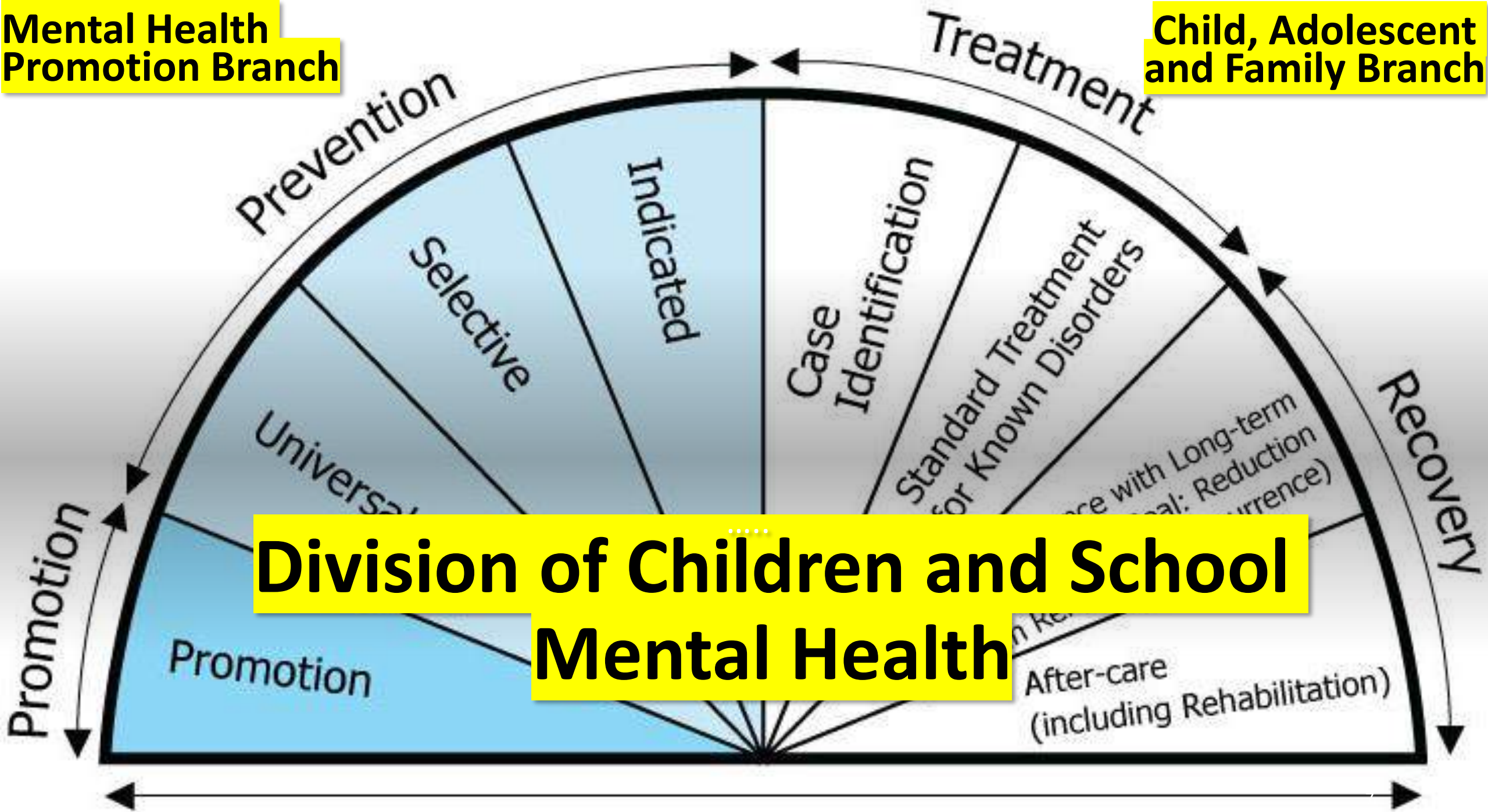
Call or text 988

Chat 988lifeline.org

SAMHSA
Substance Abuse and Mental Health
Services Administration

**Mental Health
Promotion Branch**

**Child, Adolescent
and Family Branch**



**Division of Children and School
Mental Health**

Child, Adolescent, and Family Branch (CAFB)

- The mission of CAFB is to bring services and supports to children, youth and young adults who have or at risk for serious emotional disturbance (SED) or serious mental illness (SMI) and their families
- Five Grant Programs
 - Systems of Care*
 - Clinical High Risk for Psychosis
 - Healthy Transitions*

 - Statewide Family Network*
 - Circles of Care
- Three TA Centers
 - National Family Support Technical Assistance Center*
 - National Training and Technical Assistance Center for Children, Youth and Families*

 - Early Serious Mental Illness Technical Assistance Center

Children's Mental Health Initiative Systems of Care

Kate Perrotta, LCSW

CMHI Discretionary Grant Program Information

| | |
|----------------------------------|--|
| Authorizing Statute | Sections 561-565 of the Public Health Service Act, as amended |
| FY23 Enacted Budget | \$130 million |
| Establishment Date | 1992 |
| Eligible Applicants | Eligibility is statutorily limited to: <ul style="list-style-type: none">• states and territories• governmental units within political sub-divisions of states, and• federally recognized American Indian/Alaska Native (AI/AN) tribes and tribal organizations. |
| Length of Project Period | 4 Years |
| Number of Active Grantees | 80 |

Program Purpose

The purpose of this program is to provide resources to **improve the mental health outcomes for children and youth, birth through age 21, at risk for or with serious emotional disturbances (SED), and their families.**

This program supports the implementation, expansion, and integration of the **System of Care (SOC) approach** by creating sustainable infrastructure and services that are required as part of the Comprehensive Community Mental Health Services for Children and their Families Program (also known as the Children's Mental Health Initiative or CMHI).

With this program, SAMHSA aims to provide mental health services to children and youth, from birth through age 21, at risk for or with serious emotional disturbance (SED) and their families. SAMHSA intends to prepare children and youth at risk for or with SED for successful transition to adulthood and assumption of adult roles and responsibilities.

System of Care

Definition - A spectrum of **effective, community-based services** and supports for **children and youth with or at risk for mental health or other challenges and their families**, that is organized into a **coordinated network**, builds meaningful **partnerships with families and youth**, and addresses their **cultural and linguistic needs**, in order to help them to **function better at home, in school, in the community, and throughout life**.

Core Values:

1. Family driven and youth guided, with the strengths and needs of the child and family determining the types and mix of services and supports provided
2. Community based, with the locus of services, as well as system management, resting within a supportive, adaptive infrastructure of structures, processes, and relationships at the community level
3. Culturally and linguistically competent, with agencies, programs, and services that reflect the cultural, racial, ethnic, and linguistic differences of the populations they serve to facilitate access to and utilization of appropriate services and supports

Population of Focus - SED/SMI and at-risk for

- Children, youth, or young adult **ages 0 through 21** with a primary or co-occurring **diagnosable** mental, behavioral, or emotional disorder in the past year that causes **serious functional impairment**.
 - Examples include: children, youth and young adults with **complex mental health conditions**, are often involved with **multiple systems** (e.g. child welfare, juvenile justice), and may be at risk for out of home placement
- Children, youth and young adults **ages 0 through 21** who have a **higher probability of developing SED/SMI** and **intervention is necessary**
 - Examples include: children, youth and young adults experiencing homelessness, families with substance misuse, history of trauma, etc.

CMHI Grantee Required Activities

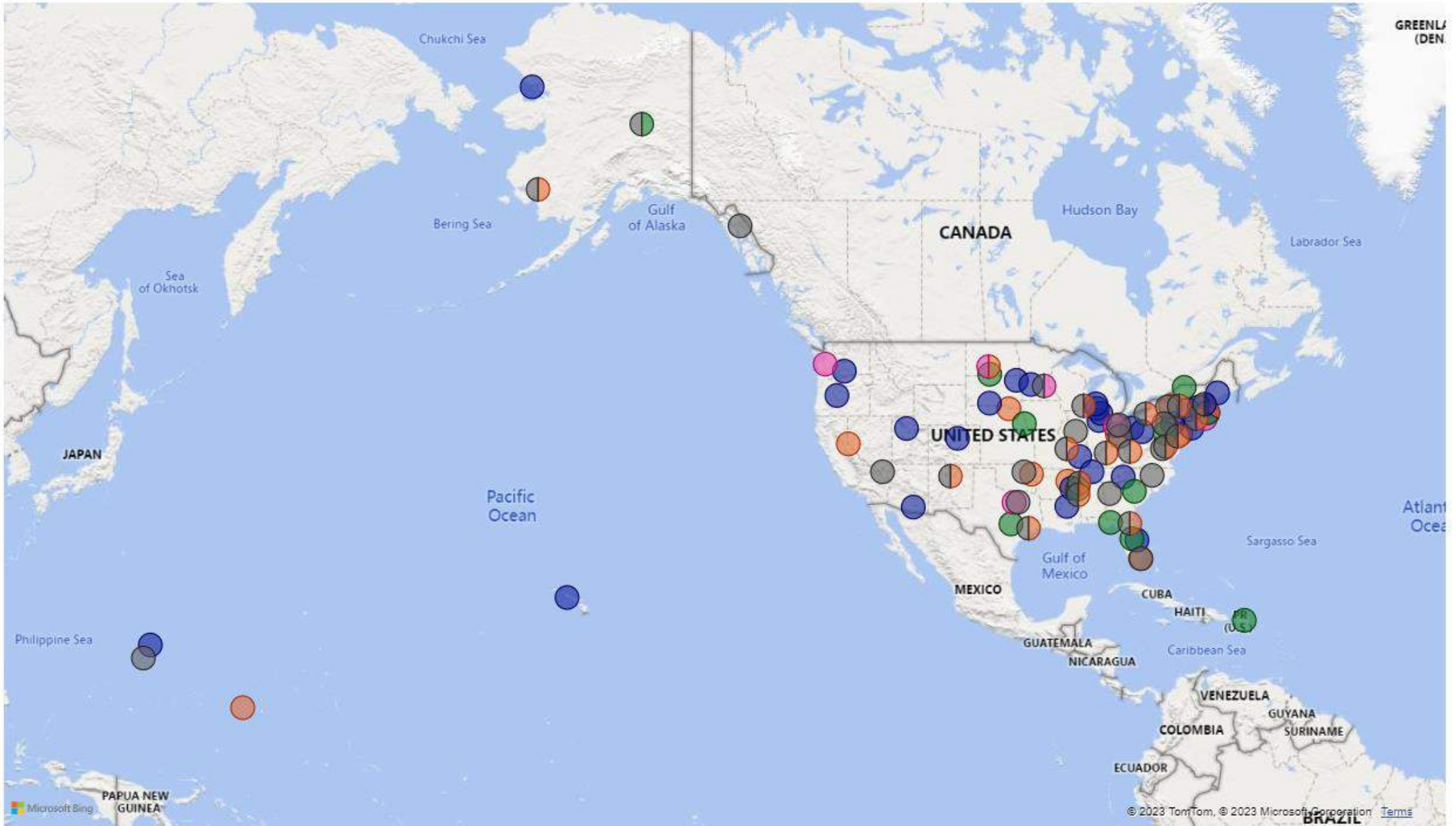
- **Conduct a needs assessment**
- **Provide comprehensive services that are evidence-based and culturally appropriate**
- **Develop referral pathways to recovery supports**
- **Provide trauma and grief informed care**
- **Family and youth engagement**
- **Develop a sustainability plan**
- **Provide training to service providers**
- **Develop or enhance an existing governance structure/board**
- **Suicide prevention and intervention**
- **Partnerships with Community Based Organizations (CBOs)**

FY 2023 Key Data Points

- **9,102 children, youth and young adults received services through CMHI grantees**
- **CMHI Grantees:**
 - ❖ Conducted outreach to 127,011 children, youth, young adults and families
 - ❖ Conducted 242 policy changes to better serve children, youth, young adults and families
 - ❖ Enacted 98 partnerships/collaborations within their system of care
 - ❖ Referred 20,527 children, youth, young adults and families to services and supports
 - ❖ Provided evidence-based services to 28,328 children, youth, young adults and families
 - ❖ Trained 25,567 mental health and related workforce professionals
 - ❖ Had 322 consumers/family members provided services to families
 - ❖ 45% of children, youth, and young adults accessed services after referral

Map of Current CMHI Grantees

● FY2019 ● FY2020 ● FY2021 ● FY2022 ● FY2023



Healthy Transitions

Jessica Mullins, LMSW

Healthy Transitions Discretionary Grant Program Information

| | |
|----------------------------------|---|
| Authorizing Statute | Section 520A (290bb-32) of the Public Health Service Act, as amended |
| FY23 Enacted Budget | \$30,451,000 |
| Establishment Date | 2009 |
| Eligible Applicants | As of FY23 NOFO, eligibility is limited to: <ul style="list-style-type: none">• states and territories• political subdivisions of States• Indian tribes or tribal organizations• health facilities or programs operated by or in accordance with a contract or award with the Indian Health Services• other public or private non-profit entities |
| Length of Project Period | 5 Years |
| Number of Active Grantees | 41 |

Program Purpose

To provide resources to **improve and expand access to developmentally, culturally, and linguistically appropriate services and supports for transition-aged youth and young adults (ages 16-25) who either have, or are at risk for developing, serious mental health conditions.**

Award recipients are expected to identify and provide appropriate behavioral health interventions to transition-aged youth and young adults who have or are at risk for a serious emotional disturbance (SED) or serious mental illness (SMI).

With this program, SAMHSA aims to improve emotional and behavioral health functioning so that this population of youth and young adults can maximize their potential to assume adult roles and responsibilities and lead full and productive lives.

Population of Focus - SED/SMI and at-risk for

- Transition-aged youth and young adults with SMI or SED **between the ages of 16-25** with a primary or co-occurring **diagnosable** mental, behavioral, or emotional disorder in the past year that causes **serious functional impairment**.
 - Examples include: Youth and young adults with SMI or SED or co-occurring substance use or intellectual and developmental disabilities; may have involvement with **multiple systems** (e.g. child welfare, juvenile or criminal justice system); may be at risk of out of home placement
- Transition-aged youth and young adults **between the ages of 16-25** who have a **higher probability of developing SED/SMI** and **intervention is necessary**
 - Examples include: Youth and young adults experiencing homelessness; may not be working, in school, in vocational and/or higher education programs; have been exposed to trauma; at risk of suicide; at risk for substance use

HT Grantee Required Activities

- **Establish a collaborative partnership**
- **Conduct a needs assessment**
- **Develop and implement a training plan**
- **Develop an Interagency Agreement**
- **Implement suicide prevention and intervention approaches**
- **Provide one-to-one outreach with transition-aged youth and young adults**
- **Provide evidence-informed or evidence-based screenings, assessments, and services**
- **Develop referral pathways to needed treatment services and supports**
- **Recovery support services (e.g. housing, peer and family support, vocational and education support)**
- **Establish an Advisory Council**
- **Develop and implement a plan to coordinate and align funding streams**

Key Components of Healthy Transitions

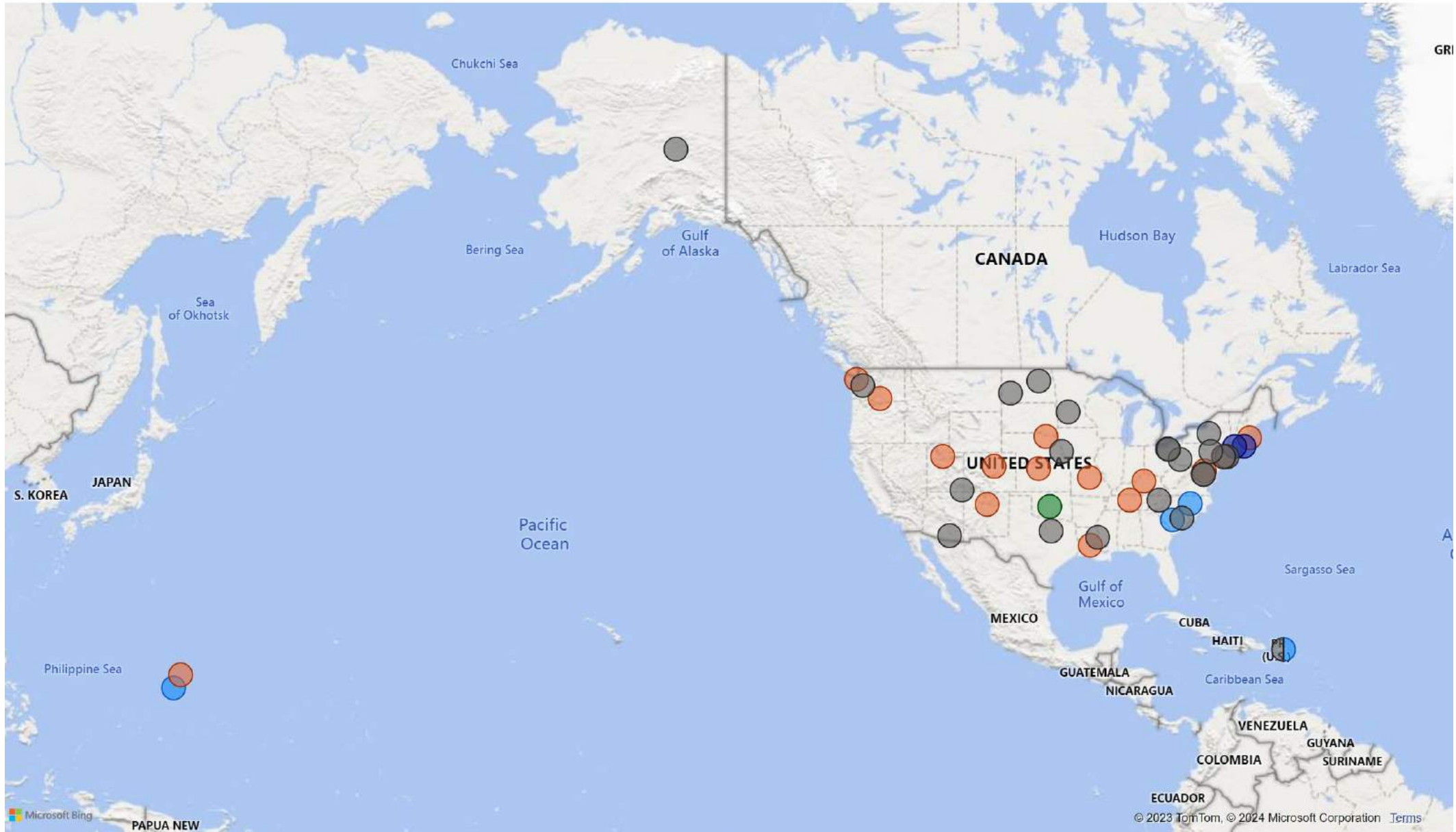
- Creating, implementing, and expanding services and supports for youth/young adults that are **developmentally appropriate, culturally competent, and youth- and young adult-driven**; involve family and community members; and provide for continuity of care and support between youth- and adult-serving systems
- Promoting youth and young adult **voice, engagement, and leadership**
- Providing effective **outreach and engagement** to ensure that youth do not “fall through the cracks” and receive the services and supports they need to become productive, healthy adults
- **Reducing unnecessary out of home placements** (such as admissions to hospitals, homelessness, foster care, and/or correctional facilities)
- Ensuring **collaboration between the youth- and adult-serving systems** to promote seamless access to behavioral health services for transition-aged youth and young adults

FY 2023 Key Data Points

- **1,423 youth and young adults received services through HT grantees**
- **HT Grantees:**
 - ❖ Conducted outreach to 10,186 youth, young adults, and families
 - ❖ Implemented 37 policy changes to better serve youth/young adults
 - ❖ Developed 46 partnerships/collaborations
 - ❖ Screened 2,979 youth and young adults
 - ❖ Referred 1,301 youth and young adults to services and supports

Map of Current HT Grantees

FY2018 FY2019 FY2020 FY2021 FY2023



Statewide Family Network

Lauren Grimes, MPA

SFN Discretionary Grant Program Information

| | |
|----------------------------------|---|
| Authorizing Statute | Section 520A of the Public Health Service Act (42 USC 290bb-32) |
| FY23 Enacted Budget | \$2,782,911 |
| Establishment Date | 1993 |
| Eligible Applicants | <p>Eligibility is statutorily limited to: Eligible applicants are domestic public and private non-profit entities.</p> <p>Other requirements: SAMHSA will only fund family-controlled organizations that are comprised of more than 50 percent family members/primary caregivers who are currently raising children with SED.</p> |
| Length of Project Period | 3 Years |
| Number of Active Grantees | 26 |

Program Purpose

The purpose of this program is to provide education and training to increase family organizations' capacity for policy and service development.

This is accomplished by:

- (1) strengthening organizational relationships and business management skills;
- (2) fostering leadership skills among families of children and adolescents with serious emotional disturbance (SED);
- (3) identifying and addressing the technical assistance needs of children and adolescents with SED and their families.

Population of Focus

Family members/primary caregivers who are raising children, youth, and young adults with serious emotional disturbance (SED).

These families and children are most often involved in multiple service systems including:

- mental health
- substance use
- child welfare/child protective services
- juvenile justice
- supported education, and
- may be at risk for out of home placement

Programmatic Background

Statewide Family Networks are built upon two primary activities:

- **Peer Support:** supportive connection to a trained individual with similar lived experience, e.g. raising a child with SED
- **Advocacy:** Services and systems are most effective when they are meaningfully informed and guided by the people served by them.

Effectiveness evidenced by research and evaluation over the past two decades.

- “**Family-driven and youth-guided**” services have become SAMHSA goals for numerous child and family-serving grant programs
- Peer support has developed into an increasingly professionalized role in state mental health systems, and lived experience is now a requirement for certain key personnel in SAMHSA grants

SFN Grantee Required Activities

- Providing workshops addressing the needs of families/caregivers raising children, youth, and young adults with SED;
- Supporting the development and implementation of respite care programs that meet the needs of families with children experiencing SED;
- Providing information to the public about issues experienced by primary caregivers raising children, youth, and young adults with SED;
- Enhancing family voice, empowerment, and participation in behavioral health policy, planning, and implementation across their state, including the development of parent/family support provider training and certification;
- Attending and participating in local, state, and/or national meetings and conferences to provide information about mental health issues affecting children and youth with SED; and
- Increasing family involvement and leadership in workforce and program development.
- Supporting the development and implementation of statewide processes addressing peer support for families/caregivers (e.g., introduction and/or adoption of evidence-based and promising peer support practices, training, supervision, and/or certification).

SFN Activities: What it Looks Like in Practice

Direct Peer Support, System Navigation Support and Education for Families/Caregivers:

- **Support groups and one-on-one peer support** to reduce family isolation and build knowledge, skills and confidence in caregivers raising children with SED
- **System navigation support** to individual families including advocating on behalf of a family at IEP meetings, court hearings, wraparound meetings, suspension/expulsion meetings, medical appointments etc. (This is not a required activity but most SFNs offer it).
- workshops and other trainings for families to educate them on mental health and related services, i.e. what to expect from the systems serving their child to better prepare them **to advocate for their child and themselves**

SFN Activities: What it Looks Like in Practice

Systemic Advocacy & Leadership Training for Families/Caregivers:

- Train and support caregivers who are ready to **advocate at a systemic level on behalf of other caregivers raising children with SED** to provide input and feedback on service and system planning to promote access to services and supports that meet the identified needs of children with SED and are inclusive of meaningful family involvement
- Support statewide processes for training and certifying of family and youth peer support partners to provide peer support and system navigation to families with children with SED
- Connect and support trained family advocates to represent the family/caregivers voice in mental health and related advisory councils, workgroups and other policy and planning bodies

FY 2023 Key Data Points

In FY23, SFN Grantees:

- Trained 30,438 individuals in mental health prevention or promotion, including those in the mental health and related workforce
- Supported and mentored 1,025 family members involved in ongoing planning and advocacy activities.



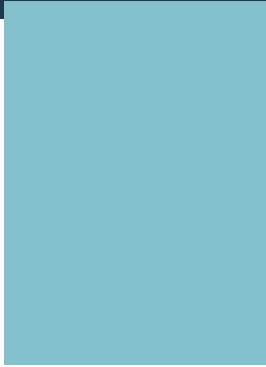
National Federation of Families



The National Voice of Families

Bringing Lived Experience to Family Support

Celebrating 35 Years | 1989 - 2024



A national family-run organization that serves as the national voice for families of children who experience mental health and/or substance use challenges - across the lifespan. We:



Have Lived Experience

Promote Family Peer Support

Advocate for Families

Believe Families are Experts

Champion Social Justice

Accept, Advocate, Act



Overview

Who We Are



Data, Research, and Reporting



National Campaigns



National Certification



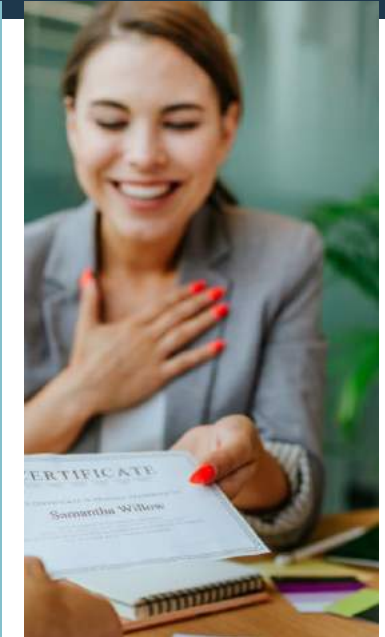
Legislation and Advocacy



Annual National Conference



Technical Assistance Center



Data, Research, and Reporting



LISTENING SESSIONS

On families' experiences interacting with healthcare, behavioral health, juvenile justice, school, and/or other child- and family-serving systems to impact change.



FAMILY PEER WORKFORCE

The Family Peer Support workforce serves families across the country. They are our direct connection to families-ensuring we understand their needs.



SURVEYS

Information about lived family experience is collected and analyzed. That data is shared with SAMHSA and mental health and substance use prevention leaders.



NETWORK OF AFFILIATES

Our national network of affiliates ensures our connection to and ability to advocate for all families across the country.

We work with and on behalf of families and the family peer workforce to advocate for the needs of families and their children-of any age. We champion the value of lived experience in family support. Listening sessions, surveys, and other tools are used to capture family voice. The NFF then reports that information to decision-makers at state and national levels.

SAMHSA's First Family Support Center of Excellence

NFSTAC

www.nfstac.org

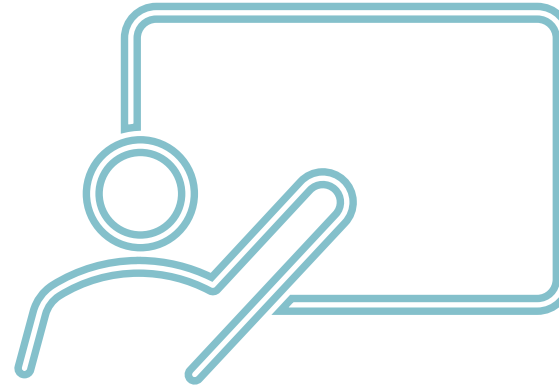
The National Family Support Technical Assistance Center of Excellence
(COE) Grant # 1H79F6000160-Fam-CoE is funded by SAMHSA.

Why is our lifespan approach important?



As family members ourselves, we know that our children remain our children for their whole lives **AND** that many families provide support for their children long after they turn 18.

Primary Goals and Objectives



- 1. Inform the Workforce**
- 2. Increase Access to Resources**
- 3. Provide Family Engagement and Support Training**
- 4. Increase Knowledge**

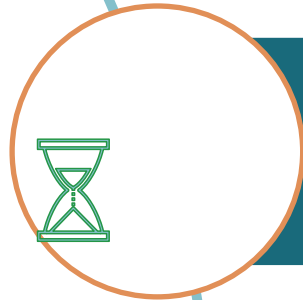
What does NFSTAC provide?



Information

NFSTAC supports families and caregivers by providing technical assistance (TA) and training to educators/providers/ the family workforce and organizations who support them.

This includes but is not limited to:



Training



Resources



Welfare

Recovery Support Organizations

Family Support and Family-Run O

Researchers and Policymakers

Educators and School Workforce

Providers/Clinicians Providing Fam

Family Peer Specialist Workforce

Join Upcoming Events & Request TA

www.nfstac.org/events

Keep Learning !

Monthly Events & Technical Assistance for Families and the Workforce that Supports Them



Join a Webinar

Designed for Families & the
Workforce Supporting Them

FAMILY CONNECTIONS
1st Thursday 1:30p-2:30p ET

Virtual community for parents and caregivers
supporting loved ones facing challenges.

OFFICE HOURS
2nd Tuesday 3:00p-4:30 ET

Technical assistance and mentorship for
executive directors, family peer specialist
leaders, and emerging leaders.

NFSTAC WEBINAR
3rd Wednesday 2:00p-3:30p ET

In-depth focus on critical topics with cutting-edge
presentations from subject matter experts.



Get Technical Assistance
Innovative, Flexible, and
Responsive Technical Assistance

nfstac.org/request-ta





Contact Information

Lynda Gargan, PhD

National Federation of Families, Executive Director
NFSTAC, Principal Investigator

lgargan@ffcmh.org

Gail Cormier

NFSTAC, Project Director

gcormier@ffcmh.org

Find all the ways you can stay connected and support the National Federation of Families at:
www.ffcmh.org/get-involved



Follow Us

Be the first to learn about new resources, events, webinars, tools, and much more.

Facebook

Main Page: [@nationalFederation](https://www.facebook.com/nationalFederation)

Legislative and Advocacy Page: [@NationalFederationLegislationAdvocacy](https://www.facebook.com/NationalFederationLegislationAdvocacy)

Family Resources Page: [@NationalFederationHomeResources](https://www.facebook.com/NationalFederationHomeResources)

Instagram: [@nffcmh](https://www.instagram.com/nffcmh)

X (formerly Twitter): [@nationalffcmh](https://twitter.com/nationalffcmh)

LinkedIn

NFF: [@national-federation-of-families-for-childrens-mental-health/](https://www.linkedin.com/company/national-federation-of-families-for-childrens-mental-health/)

NFSTAC: [@national-family-support-technical-assistance-center/](https://www.linkedin.com/company/national-family-support-technical-assistance-center/)

NFF NATIONAL FEDERATION OF FAMILIES
Bringing Lived Experience to Family Support

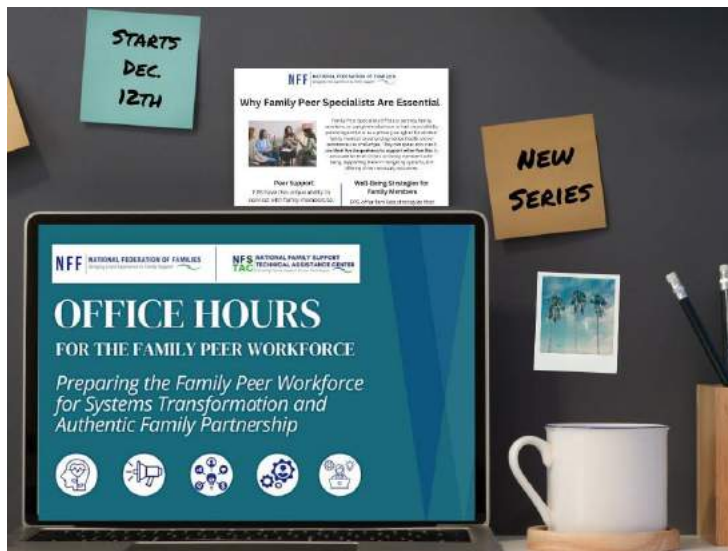
LEGISLATION AND ADVOCACY

We:

- ✓ Monitor Legislation that Impacts Families and Youth
- ✓ Identify Funding Opportunities that Support Families, Youth, and Family Peer Support
- ✓ Represent Family Voice at the National Level
- ✓ Provide Advocacy Tools and Resources

#ACCEPTADVOCATEACT

www.nffcmh.org/legislation-and-advocacy





NTTAC
National Training &
Technical Assistance Center
for Child, Youth, & Family Mental Health

INTRODUCTION TO NTTAC
VOICE FOR ADOPTION MEMBER MEETING
FEBRUARY 12, 2024



NTTAC

National Training &
Technical Assistance Center
for Child, Youth, & Family Mental Health



CHANGEMATRIX



American Academy
of Pediatrics



DEDICATED TO THE HEALTH OF ALL CHILDREN®



www.nttacmentalhealth.org

OUR VISION AND SERVICES

All children, youth, and families living with and impacted by mental health challenges will have access to the resources and opportunities they need to thrive in a comprehensive and equitable system of care.



May 14 -16

- Over 30 speakers, presenters, and keynotes
- No registration fees
- No-cost Continuing Education Hours available
- Multiple networking opportunities
- **Summit Tracks:** Cross-Sector Partnerships, Youth Partnership, Family Partnership, Emerging Topics, Systems Change, and Justice, Equity, Diversity and Inclusion (JEDI)



[Click HERE to Register](https://bit.ly/SOCsummit24)

<https://bit.ly/SOCsummit24>

AMPLIFY YOUTH VOICE

AN NTTAC  COLLABORATIVE

Centering Youth Perspectives Through POETRY

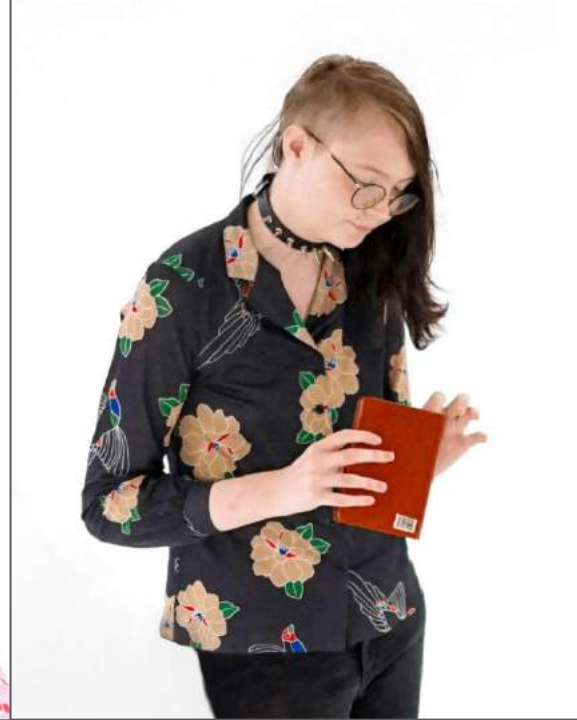
Call to Action

Listen to Young People

Expand Opportunities for Creative Expression

Champion Youth Leadership

Uplift Youth Voice in Policy Advocacy



Upcoming NTTAC Events

- The Family Exchange
 - Monthly peer networking series for family leaders who foster and support family engagement.
 - Topics and speakers rotate each month.
- Peers and Clinicians Together (PACT)
 - PACT is a free monthly series where you can ask anything that's on your mind of a mental health clinician and peer support provider.
- Provider Platica Learning Collaborative: Supporting the Training Needs of Practitioners of Spanish Language Mental Health Services
 - Led by two bilingual facilitators and runs monthly through August 2024.
 - All levels of Spanish language proficiency and comfort are welcome – this is a truly inclusive space!

STAY CONNECTED!

www.nttacmentalhealth.org

ACCESS OUR WEBSITE

Upcoming Events

Archived Recordings

Request Support

Publications & Resources

Newsletter Signup

GET SOCIAL WITH US!



Facebook: @nttac.mh



Instagram: @nttac.mh



Twitter: @nttac_mh



LinkedIn: NTTAC



NTTAC

National Training &
Technical Assistance Center
for Child, Youth, & Family Mental Health

CONTACT INFO

Email: NTTACinfo@cars-rp.org

Phone: 888.945.9377

Website: www.nttacementalhealth.org

Download Our Flyer: <https://bit.ly/nttac-flyer>

Request TA: <https://bit.ly/request-nttac-tta>

QUESTIONS
COMMENTS
DISCUSSION



SAMHSA's mission is to reduce
the impact of substance abuse and
mental illness on America's communities.

www.samhsa.gov

1-877-SAMHSA-7 (1-877-726-4727) • 1-800-487-4889 (TDD)

